

SAFE ZONE COUNSELORS

COUNSELOR / CITY / ESTIMATED COST	CONTACT PREFERENCE	IN-PERSON	TELE-HEALTH	SPECIALTIES
Jodi Annis, LMSW, CAADC	therefugehealingcenter@gmail.com	YES	YES	Trauma / Addiction
The Refuge Healing Center	906.263.0064			Depression
St. Ignace				Anxiety
				Mental Health
Cost: \$200 for the initial assessment and				Eye Movement Desensitization & Reprocessing
\$150 for a 55 minute therapy session				Parenting children from difficult pasts
or Insurance				Pastor's wife / Former Missionary
Linda Brown	linda.browncmi@gmail.com	YES	YES	Grief
Christian Mission				Marriage / Relationships
Adrian				Depression
				Anxiety
Cost: Donation				Kids
Jessica Goldsmith	jessicagoldsmith@oaklandhillscounseling.com	YES	YES	Grief
Oakland Hills Counseling				Marriage/Relationships
Auburn Hills				Depression
				Anxiety
Cost: \$80				Kids
Sarah Haller, MA, LMFT	truenorthwestbranch@gmail.com	YES	YES	Relational
TrueNorth Ministries Clinical Director	989.345.5440 - Office			
West Branch				
Cost: \$70 or insurance				
sliding scale based on income				
John Heger, Psy. S. LLP	arch00_2001@yahoo.com	YES	YES	Grief
Plymouth				Addiction
				Marriage/Relationships
Cost: Insurance Only				Depression
				Anxiety
				OCD, relational boundaries,
				strengths coaching

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Ross McElroy	mcelroy.ross@att.net	YES	YES	Grief
Spring Lake				Marriage / Relationships
				Conflict Resolution
Cost: \$100 / hour				
Tonya Rice, MA, LPC, NCC, ACS	Tonyar@allthingspossiblewc.com	YES	YES	Depression
All Things Possible Wellness Center, PLLC				Anxiety
Macomb				Individual counseling
				related to marriage/relationships
Cost: \$100				
Karen Shive, MA, LPC	karenshive@oaklandhillscounseling.com	YES	YES	Marriage / Relationships
Oakland Hills Counseling, LLC				Depression
Auburn Hills				Anxiety
				OCD Treatment
Cost: \$80 for FT ministry				
Rob Shive, MA, LPC	robshive@oaklandhillscounseling.com	YES	YES	Marriage / Relationships
Oakland Hills Counseling, LLC				Depression
Auburn Hills				Anxiety
				Spiritual Formation
Cost: \$150 estimated				
Rebecca Trowse, MA, LPC, NCC, BCPCC	Rebecca@AspectsCounseling.com	YES	YES	Marriage / Relationships
Aspects Counseling	248.805.1108			Grief / Loss
Rochester				
Cost: \$250 Individual / \$300 Couple				

April 1, 2025